Central New York Women’s Lacrosse Officials
NYSPHSAA

High School Girls Lacrosse Overtime Procedures

5-minute rest and coin toss (visitor calls) for choice of ends

6 minutes (two 3-minute periods) of overtime will be played
  ➢ The clock is to stop on every whistle stopping play and restart
    on the whistle to restart play
  ➢ After 3 minutes of play, the clock will be stopped for teams to
    change ends with no delay for coaching.
  ➢ The game is restarted by a center draw.
  ➢ The team which is ahead at the end of six minutes wins the
    game.

If teams are still tied after six minutes have elapsed, the teams will have a
3-minute rest and change ends.

The winner will then be decided on a “sudden victory” stop-clock overtime
of no more than six minutes in length.
  ➢ Teams changing ends after 3 minutes.
  ➢ The game will be restarted by a center draw.
  ➢ The team scoring the first goal wins the game.

Play will continue with “sudden victory” stop-clock overtime periods of six
minutes in length with 3 minutes in between and change of ends until a
winning goal is scored.

Each team is permitted one during entire duration of overtime. Unused
game time outs do not carry into overtime (Rule 4, Section 4, Pg 24).