USL Stick Check Procedures

Equipment Inspection (Rule 5 Section 27-29)

Pregame: Inspect pocket depth and pocket stringing. Only measure pocket attachments and spacing if illegality is suspected. **No penalty.** Illegal crosse must be fixed before draw OR put at table to be fixed during 1st first half (at table) and rechecked at halftime.

During game: Upon coach/player request inspect pocket depth and pocket stringing. If measurement requested, then overall crosse length is only measurement allowed.  
**Penalty:** Minor foul - change of possession. If Offsetting foul, then award alternating possession. Administer at spot of ball unless after goal.  
**After goal:** Illegal crosse = free possession at center. Shooter = no goal. Non-shooter = goal stands.

**Coach/player request:** during any stoppage of play of opposing **on-field** player's crosse. Must provide player number. Team has two stick checks per game (subsequent stick checks are allowed until requesting team is “wrong” twice). Check in-coming stick. Illegal sticks can only be rechecked at half-time or before overtime.

Pocket Stringing Specifications (Appendix B) summarized:

A. Shooting Strings (no more than 2)
   1. Shooting strings must be directly attached to both sidewalls in the upper third of the head, or, the top shooting string must be directly attached to both sidewalls in the upper third of the head and the bottom shooting string may be in an inverted "U" shape and must be directly attached to both sidewalls in upper two-thirds of head
   2. Shooting strings may not be crossed
   3. Shooting strings may not touch from outside outermost thongs to sidewall
   4. Shooting strings may not "coil" more than 2 times between inner thongs

B. Thongs (must be 4 or 5)
   1. Secondary material used to attach thongs to scoop and ball stop may not be more than 0.5 inches from bottom of scoop and no more than 1.5 inches from ball stop
   2. Thongs must not be bunched along the width of the head (top to bottom)
   3. Thongs must not touch in the top third of the head
   4. Thongs must not be more than 1.5 inches apart as measured from the inside of the adjacent thong

C. Attachments
   1. Recessed screws must be used to attach head of a plastic/molded crosse to handle
   2. Sidewall stringing holes – each attachment to sidewall shall be no more than 1.5 inches from adjacent attachment when measured in straight line from hole to hole
   3. Thongs loose ends must remain below the ball stop.
   4. Pocket stringing loose ends may not be tied behind pocket or above the ball stop.